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**TRAINING / PRELIMINARY
E LEVEL
BOOK 1
[5 EXERCISES]**



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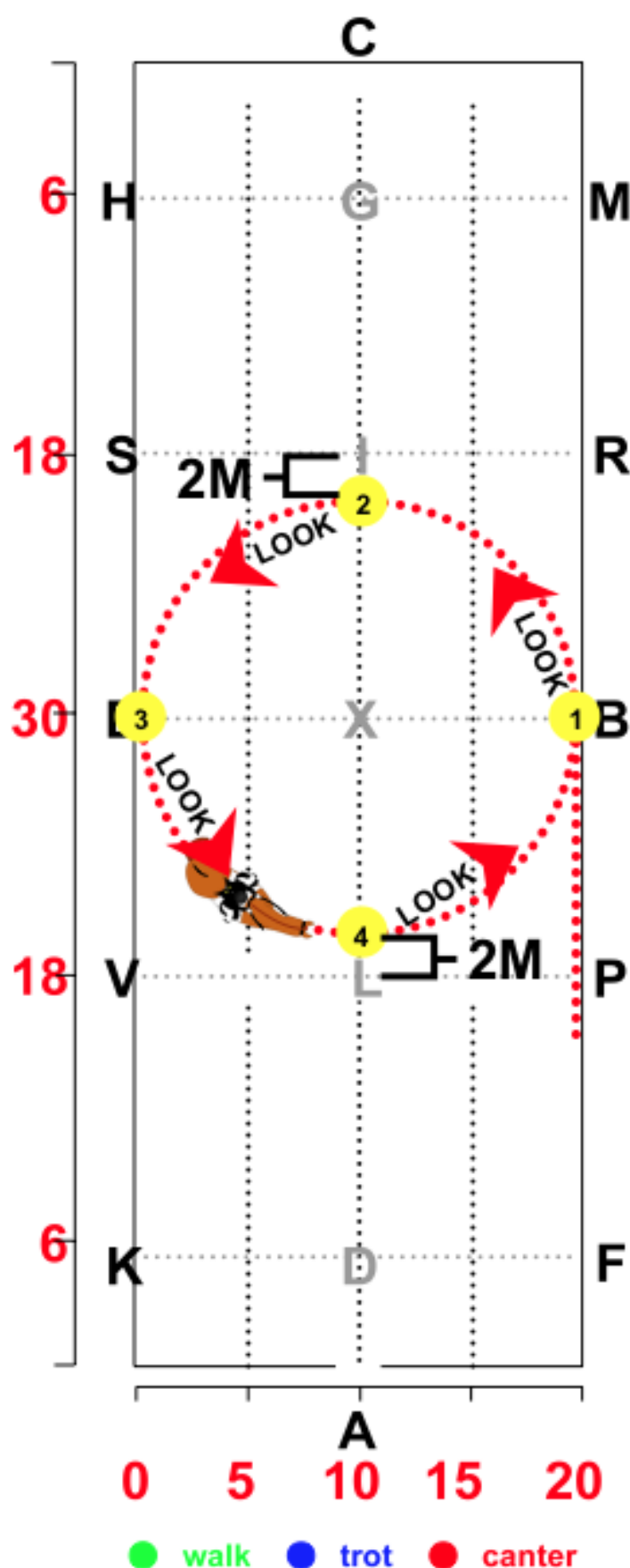
Training Level Test 1, Movement 4

The key to a circle is for it to be circular and not oval. Make sure that your circle is accurate so that you are not giving away valuable points to geometry. Start by connecting the dots and looking ahead to next point. Point one will be at B, the next point is 2m to the inside of I, the third point will be E, the fourth point will be 2m to the inside of I, and lastly finish the circle by touching back at B. Practice these circle until you get more accurate with the geometry.

by Janet Foy, Trainer & Judge-USA

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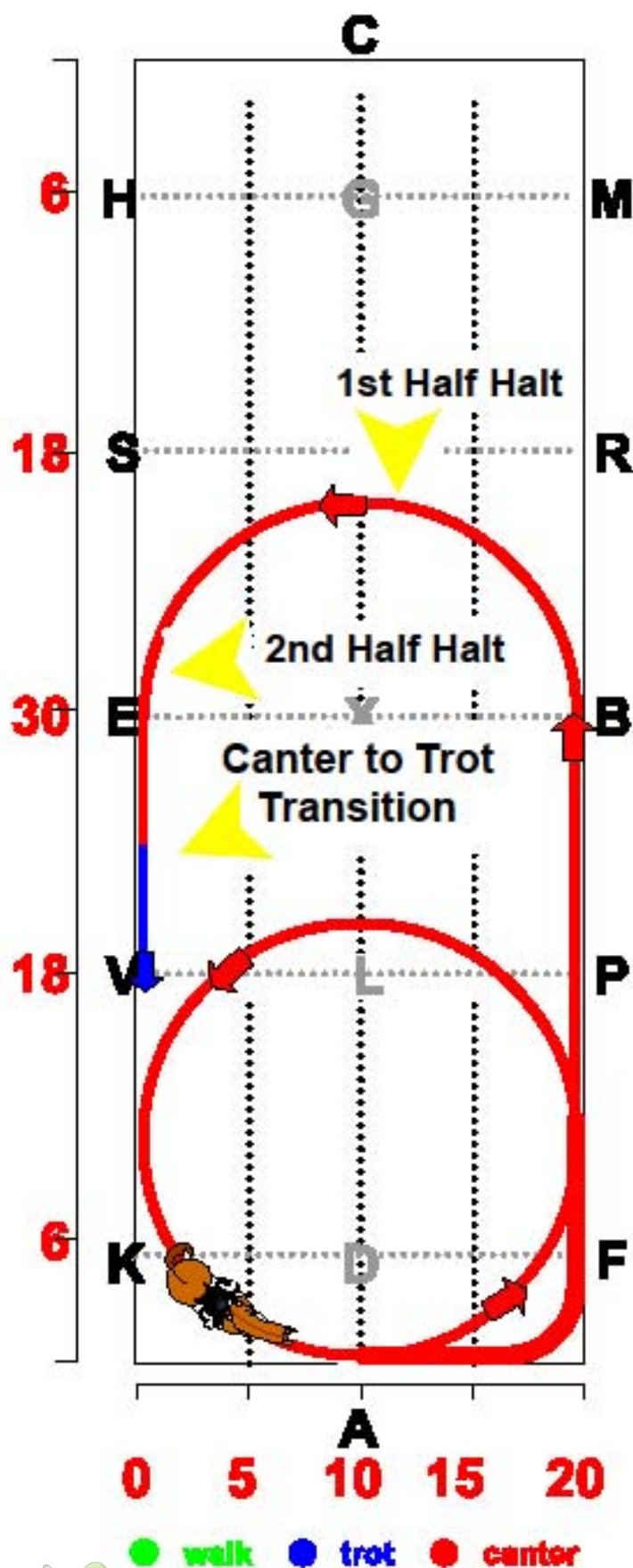


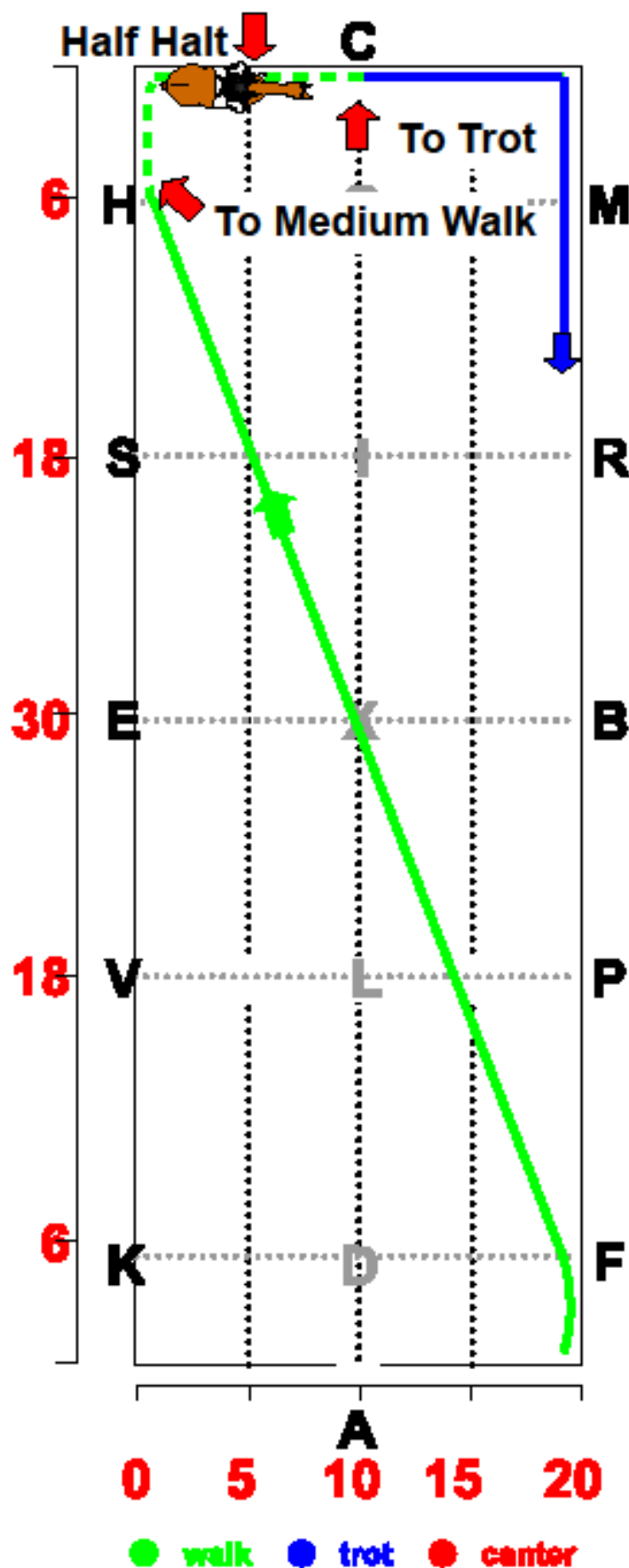
Training Level test 1, Movement 5 Elementary/L Level

On a 20m circle at A or C ride your working canter. Do a couple of practice circles then venture down to E or B to school the trot transition just like in the test. As you approach the centerline on your half circle start half halting your horse to let him know something is coming. Then give your final half halt and transition down to the working trot down the long side. You want a nice balanced transition not feeling like your horse is falling out of the canter. Make sure the horse is listening to your half halt. School the geometry and the downward transition until you feel like you have a nice fluid transition school this both directions.

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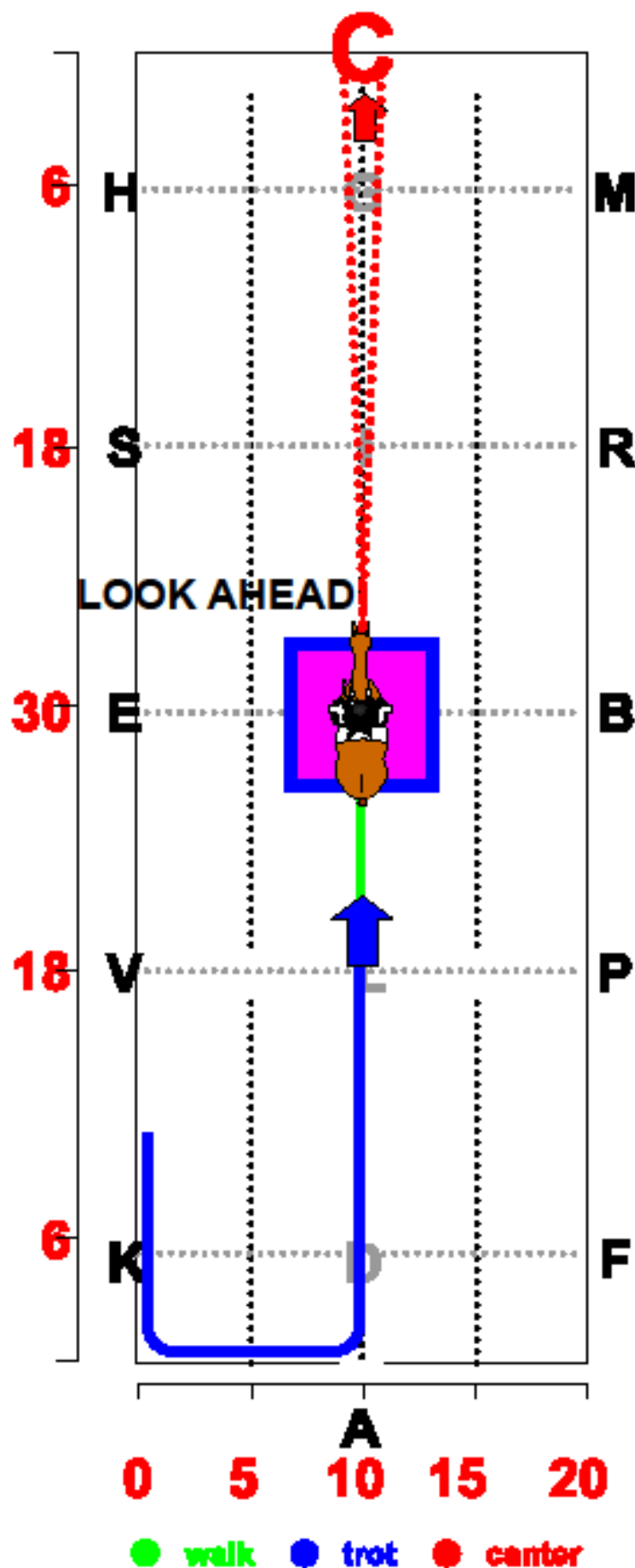


Training Level Test 1, Movement 9 Elementary/L Level

School the walk across the diagonal, at the corner letter transition to the medium walk. Give a couple of half halts as you come out of the corner to keep the horse on the aids and awake. Then as you approach the centerline letter C or A ask for trot. Try to keep the transition prompt. If your horse starts off dull school the downward upward transition until your horse is more on the aids.

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Training Level Test 1, Movement 14

Elementary/L Level

Practice riding down the centerline. At first practice just heading down the centerline and keeping your horse straight. Keep your eyes looking ahead towards C so you have a focal point in order to tell if you are staying straight on your line. If you have mirrors this would greatly improve your straightness accuracy. Once you have your horse straight transition to the walk and halt. Try to keep the horse as straight as possible as you want to halt as square as possible so the horse is carrying even weight behind. As you continue up the levels the square halt becomes more and more important. Also school that your horse stand quietly. Change where you halt so that your horse doesn't begin to assume to halt at X always. You can also practice riding the straight lines down the quarter line and halting on the quarter line. You don't want this exercise to become tedious to the horse and having them anticipating the transitions.

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